



Withlacoochee River Electric Cooperative, Inc. Contractor's Storm Packet

Each Mutual Aid crew shall be assigned a WREC employee to assist them in locating their assignments, communicating with District Superintendents and Control Center, scheduling meals and lodging accommodations.

If you have any questions related to safety or need any safety related items, please contact the following:

CONTACTS:

Kris Walzak	Manager: HR, Job Training & Safety	(352) 567-5133 x 6310
Bill Bayer	Director, Job Training & Safety	(352) 56-5133 x 5222
Pat Sullivan	Job Training & Safety Specialist	(727) 243-0406
Matt Platt	Job Training & Safety Specialist	(352) 585-0520
Emily Stolz	Job Training & Safety Secretary	(352) 567-5133 x 5219

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Requiring Emergency Medical Attention

MAYDAY INSTUCTIONS

Control Center Numbers: (352) 567-5133 ext.5443 or ext.5441

- 1. Emergency First-Aid should be given immediately. Call 911.**
- 2. Use radio code 10-0 to clear radio chatter. Contact Control center, to make aware of incident.**
- 3. When talking to Control Center, give your name, reason for calling and nature of injury and aid needed.**
- 4. Give location of injured person. BE EXACT. Road or street name, nearby landmarks, and pole/equipment location number.**
- 5. State action taken and planned.**
- 6. Speak clearly and directly.**
- 7. When using cell phone, call Control Center and follow same steps as outlined for radio reporting.**

All WREC line trucks are equipped with AED'S/First-Aid kits.



Safety Guidelines

- All crews must comply with applicable OSHA regulations when performing work.
- All crews must have a WREC employee assigned as a bird dog.
- All crews must comply with appropriate traffic control regulations.
- All crews must use and wear OSHA compliant protective equipment and PPE in accordance with manufacturer's instructions (F.R.).

Compliance with OSHA federal regulations is mandatory. In addition to:

- WREC system voltages: 115kV, 69kV Transmission, 14.4kV Distribution
- Documented Job Briefings (Tailboard) must be performed before commencing any work activity. A new Job Briefing must be completed if work activities differ from the first Job Briefing.
- A hard hat is required at all jobsites from arrival on site to exiting the jobsite. This includes both overhead and underground jobsites.
- Safety glasses must meet ANSI Z87 standards when there is a danger from flying objects, liquid chemicals, ARC flash, or other eye hazards. Clear safety glasses are required at night.
- Rubber gloves with leather protectors must be the appropriate ASTM Class for the voltage level worked.
- Visiting utilities should protect their employees appropriately. Must wear FR clothing provided by your company when in Minimum Approach Distance (MAD) of energized lines.
- Conductive articles such as neck chains, bracelets, pocket watch chains, earrings, key/wallet chains, etc. must not be worn in or around when working in an energized area. Wrist watches and rings may be worn, provided they are rendered non-conductive.
- Body harnesses and lanyards are required to be worn when working in any aerial device.
- High Visibility Traffic Vest are required to be worn while working on any roadway or performing traffic control. FR vests are to be worn if voltages are present.
- Gloving on energized primary while on climbing hooks, or baker board are prohibited at WREC.
- Mechanical jumpers shall be 25kV insulated for use on WREC 14.4kv line
- All lines are to be considered energized unless a visual open point, tested, grounds installed, and tagged to persons working. **Extreme caution should be in place for generator back feed, or induced voltages.**

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- All circuit and substation switching must be conducted by authorized WREC employees.



Switching Requirements

Non-WREC crews may switch on laterals or taps off main line feeders ONLY. To be authorized to switch on all other devices and locations you must meet the following criteria:

- You must communicate with a Line Superintendent/Crew Chief of the district you are working in before switching. To verify no one else is working on the same line.
- You must be authorized by your employer to switch.
- You must have and maintain exclusive control of the switching devices.

Basic Switching Procedure for clearance on lateral or tap:

1. The line must be ridden or walked out before proceeding with any switching.
2. All switches, disconnects, jumpers, taps and other means through which known sources of electric energy may be supplied shall be opened.
3. The disconnecting should be properly tagged. (Lockout/Tagout).
4. The lines and equipment to be worked on shall be tested to ensure they are de-energized.
5. Protective grounds shall be installed, and within sight of working area.
6. Following completion of steps 1 through 5, the lines and equipment may be worked as de-energized.

System Requirements and Construction

- WREC builds to RUS specifications
- System should be built as permanent construction. Any temporary construction shall be approved by your WREC representative.
- Minimum clearances over driveways or roads shall meet the National Electric Safety Code requirements.
 - [Operations Manual 05_23_24](#)



Lockout Tagout

All utilities assisting with restoration on WREC systems must meet or exceed WREC Lockout/Tagout requirements.

General Rule: All conductors and parts of electric equipment **SHALL** be treated as energized unless de-energized, tested, grounded and tagged in accordance with the procedure outlined.

Procedure:

1. One employee in the crew **SHALL** be designated as being in charge of **Lockout Tagout** procedure. The employee in charge **SHALL** ensure that all procedures to de-energize the lines are followed correctly, that hold tags are properly placed on the lines and that the appropriate steps are taken to remove hold tags and re-energize the lines at the conclusion of the restoration efforts. The employee in charge **SHALL** be responsible for de-energizing the lines, for opening all switches, isolation devices, jumpers, taps and other means through which known sources of electric energy may be supplied to the particular lines, for properly grounding the lines and tagging all open devices. Any devices that have the potential of re-energizing the lines **MUST** be rendered inoperable. Only visible open air disconnects are acceptable. Notification to WREC employee over seeing that crew must be notified.
2. **Testing:** Prior to working on any lines that have been de-energized, the lines **SHALL** be tested to ensure that they are de-energized. This shall be accomplished by using devices designed for the purpose of testing (Primary Voltmeter). **“Fuzzing” the line is not an acceptable practice.**
3. **Grounding:** All lines, overhead and underground, **SHALL** be grounded in like manner. After the lines have been de-energized and tested, personal protective grounds **SHALL** be installed. These personal protective grounds **MUST** have an ampacity greater than equal to 1/0 AWG copper. The ground-end connection **SHALL** be made first, and then the other end **SHALL** be attached by means of a live-line tool and rubber insulating gloves. When a personal protective ground is to be removed, the grounding device should be removed from the line or equipment using a live-line tool and rubber gloves. Rubber insulating gloves alone (without live-line tool) are not acceptable for installing or removing grounds. All personal protective grounds **SHALL** have an **Orange Fluorescent Flag** attached for high visibility. Personal protective grounds **SHALL** be placed on the source side and load side of work area, grounds **MUST** be within sight on source and load sides.
4. **Tagging:** As part of the procedure to de-energize a line, hold tags **SHALL** be installed on source switch or overcurrent device. All members of the crew **MUST** place hold tag at such device during restoration efforts. The hold tag **Must** state **“DANGER DO NOT OPERATE”** and names of crew members or truck numbers working downstream of such

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device. Upon completing restoration effort **ALL** crew members must remove their tag before re-energizing can take place.



Safety Reminders

Recognizing and treating the most common heat disorders

Disorder	Cause	Signs & Symptoms	Treatment
Heat rash	Clogged sweat glands	Rash of pink pimples, intense itching, tingling	Cleanse area & dry. Apply calamine or other lotion
Dehydration	Excessive loss of water and salt	Fatigue, weakness, dry mouth	Drink fluids and replace salt
Heat cramps	Excessive loss of water and salt	Painful spasms in arms, legs, and abdomen, hot moist skin	Drink fluids, massage cramped areas, rest.
Heat Exhaustion	Excessive loss of water and salt	Heavy sweating, intense thirst, skin is pale and cool, rapid pulse, fatigue/weakness, nausea & vomiting, headache, blurred vision, fainting.	Move to cool area, rest with legs elevated, loosen clothing, drink plenty of fluids.
Heat stroke	Total breakdown of body's cooling system	High body temp (103°), sweating stops and skin is hot red and dry. Headache, dizziness, rapid pulse	Treat as a medical emergency. Move victim to cool area, immerse victim in cool water or massage victims' body with ice, do not give liquids.

Heat related illness prevention.

- Drink plenty of water: 5-7 ounces every 20 minutes.
- Take frequent short breaks in cool shaded areas.
- Avoid caffeinated drinks, coffee, sodas, energy drinks etc.
- Be aware of what medications you are taking that may have adverse effects.
- Hydration starts the day before.

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Area Hospitals and Urgent Care Facilities

FOR LIFE THREATENING EMERGENCIES PLEASE CALL 911

Bayonet Point District

HCA Bayonet Point Hospital

1400 Fivay Rd, Hudson, FL 34667

(727) 819-2929

MD Now Urgent Care

8849 SR 52, Hudson, FL. 34667

(304) 225-2500

Morton Plant North Bay Hospital

6600 Madison St, Port Richey, FL. 34652

(727) 842-8468

Urgent Care of New Port Richey

8428 Little Rd, New Port Richey, FL. 34654

(727) 810-8110

West Hernando District

HCA Oak Hill Hospital

11375 Cortez Blvd, Brooksville, FL 34613

(352) 596-6632

Lifeguard Urgent Care

491 Mariner Blvd, Spring Hill, FL. 34609

(352) 515-6000

Tampa General Hospital – Spring Hill

10461 Quality Dr, Spring Hill, FL. 34609

(352) 688-3001

Total Care Plus LLC

7284 Broad St, Brooksville, FL. 34601

(352) 631-5560

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One Pasco Center District

BayCare Hospital

4501 Bruce B Downs, Wesley Chapel, FL
33544

(813) 914-100

Lifetime Family Urgent Care

5801 Argerian Dr, Suite 103, Wesley
Chapel, FL. 33545

(813) 991-4991

Florida Hospital

13100 Fort King Rd, Dade City, FL. 33525

(352) 521-1100

Florida Medical Clinic Urgent Care

38021 Market Sq, Zephyrhills, FL. 33542

(813) 715-0374

Crystal River District

Seven Rivers Regional Medical Center

6201 N Suncoast Blvd, Crystal River, FL
34428

(352) 795-6560

Quick Care Med of Homosassa

3956 S Suncoast Blvd, Homosassa, FL.
34448

(844) 797-8425

HCA Florida Citrus Hospital

502 W Highland Blvd, Inverness, FL. 34452

(352) 726-1551

Quick Care Med of Inverness

1907 Highway 44 W, Inverness, FL. 34453

(844) 797-8425

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Withlacoochee Electric Office Locations and Contacts

Headquarters

14651 21st St, Dade City, FL 33523

(352) 567-5133

General Manager	David Lambert	x 6100
Executive Assistant	Cindy Noll	x 6101
Manager, Member Relations	Gary Steele	x 6102

Engineering & Technical Support

14603 21st St, Dade City, Fl. 33523

(352) 567-5133

Manager, Engineering & Technical Support	Travis Weaver	x 5100
Director Technical Support	Joe Burdin	x 5114
Control Center Supervisor	Ricky Groover	x 5440

Trilby Office

20711 US-98, Dade City, FL 33593

(352) 567-5133

District Manager	Marlin Sexton	x 5200
Line Superintendent	Frank Tomkow	x 5250
Crew Chief	Kevin Smith	x 5251
Crew Chief	Robert Fadling	x 5254
Crew Chief	Trent Floyd	x 5252
Crew Chief	Craig Whittington	x 5253

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One Pasco Center

30461 Commerce Dr, San Antonio, FL 33576

(352) 588-5115

District Manager	Ricky Gude	x 1100
Line Superintendent	Kevin Hays	x 1150
Crew Chief	Nathaniel Newson	x 1156
Crew Chief	Glenn Peacock	x 1152
Crew Chief	Christopher Newgent	x 1154

Bayonet Point

12013 Hays Rd, Spring Hill, FL 34610

(727) 868-9465

District Manager	John McCarty	x 2100
Line Superintendent	Randall Tolle	x 2150
Crew Chief	Christopher Henson	x 2153
Crew Chief	Davis Hanley	x 2154
Crew Chief	Sean Weber	x 2152

West Hernando

10005 Cortez Blvd, Weeki Wachee, FL 34613

(352) 596-4000

District Manager	Benjamin Cooper	x 3100
Line Superintendent	Greg Sibley	x 3150
Crew Chief	Eddie Preston	x 3153
Crew Chief	Randy Theodore	x 3151
Crew Chief	Brian Carr	x 3152

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Crystal River

5330 W Gulf to Lake Hwy, Lecanto, FL 34461

(352) 795-4382

District Manager	Jamen Monbarren	x 4100
Line Superintendent	Kevin Weigeshoff	x 4150
Crew Chief	Colton Barnes	x 4152
Crew Chief	James Underwood	x 4153

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WREC SUBSTATIONS

One Pasco Center:

Crystal Springs #60: 40138 Chancey Rd.
Zephyrhills, FL 33540

Cypress Creek A #27: 8845 Pumping Station
Rd. Land O Lakes 34639

Cypress Creek B #47: 8845 Pumping Station
Rd. Land O Lakes 34639

Darby #44: 27407 S.R. 52 Land O Lakes, FL
34639

Elam #57: 31065 Elam Rd. Wesley Chapel,
FL 33545

New River #51: 4947 Smith Rd. Wesley
Chapel, FL 33545

Overstreet #58: 6952 Curley Rd. Wesley
Chapel, FL 33545

Quail Hollow #69: 8379 Old Pasco Rd.
Wesley Chapel, FL 33544

Richland #19: 40718 Messick Rd. Dade
City, FL 33525

Saddlebrook #38: 3015 Bruce B Downs
Blvd. Wesley Chapel, FL 33543

Trilby #5: 29355 Old Trilby Rd. Dade City,
FL 33525

Wal-Mart #42: 5201 Kettering Rd.
Brooksville, FL 34602

Wesley Chapel A #66: 25288 Wesley Chapel
Blvd. Lutz, FL 33559

Wesley Chapel B #63: 25288 Wesley Chapel
Blvd. Lutz, FL 33559

Wiregrass A #62: 29528 Chancey Rd.
Wesley Chapel, FL 33543

Wiregrass B #64: 29528 Chancey Rd.
Wesley Chapel, FL 33543

Zephyrhills #8: 35007 S.R. 54. Zephyrhills,
FL 33541

West Hernando:

Berkley #48: 6330 Toucan Trail. Spring Hill,
FL 34668

Brooksville #61: 24009 Croom Rd.
Brooksville, FL 34607

Croom #5: 11280 Croom Rital Rd.
Brooksville, FL 34602

Hammock #20: 13981 Citrus Way.
Brooksville, FL 34601

Hexam A #50: 10485 Melanie Ave.
Brooksville, FL 34613

Hexam B #55: 10485 Melanie Ave.
Brooksville, FL 34613

Neff Lake #9: 25175 Lanark Rd.
Brooksville, FL 34601

Nobelton #35: 26835 Osage St. Brooksville,
FL 34601



West Hernando cont.:

Royal Highlands #29: 12449 Ruffed Grouse Rd. Weeki Wachee, Fl 34614

Silverthorn #45: 4165 Swallow Nest Rd. Spring Hill, Fl 34608

Spring Hill 1A #16: 9510 Eldridge Rd. Spring Hill, Fl 34608

Spring Hill 1B #37: 9510 Eldridge Rd. Spring Hill, Fl 34608

Spring Hill 2 #22: Spring Hill, Fl 34608

Spring Hill 3 #56: 2405 Industrial Loop. Brooksville, Fl 34604

Springwood #39: 16113 Tascosa Ave. Brooksville, Fl 34609

Timber Pines #34: 2610 Tarpon Blvd. Spring Hill, Fl 34607

Timber Pines B #65: 2610 Tarpon Blvd. Spring Hill, Fl 34607

Weeki Wachee A #7: 10400 Cortez Blvd. Brooksville, Fl 34613

Weeki Wachee B #36: 10400 Cortez Blvd. Brooksville, Fl 34613

Bayonet Point:

Bayonet Point #31: 6830 S.R. 52. Port Richey, Fl

Connerton #68: 10128 Land O Lakes Blvd. Zephyrhills, Fl 34637

Hays Road #53: 14271 Softwind Lane. Spring Hill, Fl 34610

Heritage Pines #46: 17029 East Rd. Hudson, Fl 34667

Hudson A #12: 11811 Hudson Ave. Hudson, Fl 34669

Hudson B #23: 11811 Hudson Ave. Hudson, Fl 34669

New Port Richey A #13: 8229 Ridge Rd. Port Richey, Fl 34654

Golden Acres A #11: 9026 Turkey Shoot Rd. New Port Richey, Fl 34654

Golden Acres B #24: 9026 Turkey Shoot Rd. New port Richey, Fl 34654

New Port Richey B #32: 8229 Ridge Rd. Port Richey, Fl 34654

New Port Richey C #33: 8229 Ridge Rd. Port Richey, Fl 34654

Pasco Trails #25: 20009 Sate Rd 52. Land O Lakes, Fl 34639

River Ridge #52: 8316 moon Lake Rd. New Port Richey, Fl 34654

Sea Pines #26: 16540 Old Dixie Hwy. Hudson, Fl 34667

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Crystal River:

Citrus Springs #3: 2950 W. Rutland Dr.
Citrus Springs, Fl 34433

Crystal River #10: 5030 W. Gulf to Lake
Hwy. Lecanto, Fl 34461

Homosassa #4: 5050 W. Cardinal St.
Homosassa, Fl 34446

Lecanto #59: 245 N. Maylen Ave. Lecanto,
Fl 34461

Red Level #1: 8550 W. Dunnellon Rd.
Crystal River, Fl 34428

Villa Terrace #41: 5200 W. Homosassa Trail.
Lecanto, Fl 34461



Communication Tips

WREC would like to thank you for restoring power to our members quickly and safely. While working on our system you are an ambassador for WREC; please treat our members with courtesy and respect.

If approached by MEMBERS:

- Keep safety a priority. Be polite and ensure public safety.
- Explain that you need to stay focused on your work and assure members you are working to restore power as quickly and safely as possible.
- Don't engage with upset members that are asking you to comment on various aspects of the recovery effort.
- Relay any issue or concerns about the restoration process to your WREC Crew Lead. Please do not voice criticisms to the public
- Refer members to our website www.Wrec.net, or to our Facebook and Twitter page, for restoration updates.
- Members can also call us on (352) 567-5133.

If approached by the news media:

- The news media may film your work but ensure they stay a safe distance away from your work area.
- Please alert your WREC Crew Lead to any media presence, so we can send a company spokesperson to your location.
- Politely decline an interview request made by the news media and ask them to contact WREC's Multimedia Department.

WREC MEMBER RELATIONS CONTACTS

Manager, Member Relations	Gary Steele	x 6102
Multi-Media Communications Specialist	Ashley Wilson	x 6316
Member Relations Analyst	Stephanie Wilson	x 6315



Florida's Snakes, Insects and Plants

Florida is a sub-tropical environment. The snakes, insects and plants listed in this guide are abundant in this area. The more dangerous creatures in this guide are usually out of sight and not often encountered in the field.

Cottonmouth aka Water Moccasin



- **Heavy bodied poisonous snake that reaches 4' to 5'.**
- **Rarely deadly to healthy victims but requires immediate medical treatment.**
- **Younger snakes have more patterns in the brown coloration.**
- **Like water areas and are comfortable in water.**
- **Will make nests in fox, gopher and turtle burrows.**



Diamondback Rattler



- Commonly reach 7'
- Common in dry areas such as grassy shrubs, palmetto and pines, but have been known to cross water ways.
- Strike lightning fast and often bite several times in a confrontation.

Pigmy Rattler



- Usually not longer than 20".
- Dull brown in appearance and sometimes appears to be spotted. There are usually a line of orange spots up the center of the back.



- Has rattles, sounds more like an insect buzz than a rattle.
- Found in grassy scrubs, palmetto and pines.
- Its bite is not usually deadly but is very painful and does irreparable damage to the flesh in the bite area.

Coral Snake



- Most deadly snake in US, poison affects the nervous system with no antivenin.
- Has curved teeth but no fangs and must hold on and chew for a time to deliver its toxin.
- Not aggressive and will burrow and hide.
- Rarely longer than 20". But have been known to reach 31".
- The best protection is boots and heavy pants like jeans.

Copperhead



- Rarely longer than 4' it is sometimes confused with variations of the Boa.
- Its bite is very painful, but rarely fatal, and still needs immediate medical attention.
- Day hunters, but become more nocturnal in the summer



Timber Rattlers aka Canebrakes



- **Most bright colored of the rattlesnake's family.**
- **Distinct red-orange line of scales up its back with black markings like chevrons on its back stretching to bands.**
- **Solid black tail.**
- **Seldom longer than 4'.**
- **Common in dryer terrains but uncommon in bottom lands where food is more plentiful.**

Indigo or Blue Indigo



- **Nonvenomous.**
- **Shiny black on the top and bright indigo blue underneath.**



- This is an **ENDANGERED** species and is protected by the State which is highly enforced.
- Commonly 6'-7' up to 9'.

First- Aid for snake bites

- It takes at least two hours for the more severe symptoms of envenomation to take effect.
- Call 911 and do everything you can to get the victim medical treatment.
- Watch for signs of shock like heavy sweating, clammy skin, shallow breathing and monitor respiration.
- Keep the bite location below the heart but if necessary to treat for shock. Lay victim down and raise legs.
- Keep victim warm.
- Apply ice to the wound area and prevent exercise to slow the spread of venom.
- Loosen tight clothing and or jewelry from limbs affected by the bite. There will be swelling.
- DO NOT cut the wound to bleed out the poison, cutting may open blood streams and speed up the venom's effect.
- Do not give stimulants to the victim.
- Try to positively identify the species of snake. If it safe and convenient to do so, kill the snake and bring it along but don't waste time trying to dispatch it when you could be getting medical treatment for the victim.

Black Widow





- About ¾" and the only black shiny spider common to the area.
- Common in many habitats but mostly warm moist areas such as pad mount transformers, meter pedestals, etc.
- The bite is rarely deadly, but an allergic reaction can occur- seek medical attention.
- The web is densely woven and not as ornate or symmetrically woven as most spider webs.

Brown Recluse



- Approximately 1" in diameter.
- The bite is described as a slight sting and victims don't realize they have been bitten until the wound festers. Seek immediate medical attention if bitten.
- The poison is tissue necrotizing and large areas of skin and surface tissue can be affected before the wound is under control.
- Often found in dark areas or under stored material or debris.

Mosquitos



- Wear long sleeves and long pants.
- Use an insect repellent with the highest percentage of DEET.
- May carry the rare **West Nile Virus** disease.
- Some people develop a mild illness called West Nile Fever that gets better on its own.
- Symptoms of severe illness include headache, high fever, stiff neck, mental confusion, muscle weakness, tremors, convulsions, coma, and paralysis. See your doctor immediately if you develop these symptoms.

Ticks



- Ticks transfer to people when they brush against trees or plants in wildlife areas.
- Tuck in your shirt, wear long sleeves buttoned and pants tucked into socks or boots.
- Repellents with DEET are effective against ticks.



- When working wooded areas, inspect for ticks at the end of the day. If a tick is found, remove it with tweezers and place it in a plastic bag for later evaluation if symptoms appear and you seek medical attention.
- The bite is painless and does not itch, and often produces a rash or a red patch with a white center.
- Some ticks carry diseases with the two most common being Lyme Disease and Rocky Mountain Spotted Fever.
- Lyme disease is a long-term sometimes fatal disease.
- Rocky Mountain Spotted Fever can be fatal in 8 to 20 days in worst cases.

Florida Bark Scorpion



- Common in dark areas, under pallets, boards, stacked boxes, rocks, pole piles and in pad mounted transformers.
- The bite is very painful, but not dangerous. Treatment is first aid for the sting.
- Protect yourself with gloves when moving materials.
- Scorpions bite with their forward pinchers, but the toxin comes from the tail that curls over the scorpions back.

Fire Ants



- Fire ants will rapidly attack mound intruders in mass.
- The fire ant queen lays as many as 2,000 eggs per day and large masses of ants can be hidden below small mounds.
- They inject a very powerful toxin into the skin that produces a painful rash and blisters.
- Broken blisters can result in infection and can severely damage large areas of skin surrounding the bite area.
- Bite reactions can result in nausea, severe allergic reactions and in some cases death.

Yellow Jacket Wasps



- About ½” to 1” in length with black and yellow stripes.
- Live in colonies containing thousands of individual wasps.
- These wasps will aggressively attack when their nest is disturbed, and can inflict painful stings, and can sting many times.
- Yellow jackets prefer to locate their nests in the ground, usually in an old rodent burrow or smaller hole.

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- **The serum in a wasp or bee sting can initiate an allergic reaction.**
- **If you are stung and begin to exhibit symptoms such as dry mouth, nausea, or tightening of the throat, seek medical attention immediately. The symptoms can increase in severity quickly and may incapacitate you to the point you cannot seek help.**

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